

Hallenbelegungsplan / Sportangebote



Stand: August 2017

Tag	Zeit	Halle1	Zeit	Halle2	Zeit	Halle3	Zeit	Fitnessraum	Jukoraum	Zeit	Gemeinde1	Gemeinde2	Zeit	LA Anlage	Zeit	Sonstiges
Montag	09:00		09:00		09:00		09:00			09:00			09:00		09:00	
	09:30		09:30		09:30		09:30			09:30			09:30		09:30	
	10:00		10:00		10:00		10:00	Reha Sport		10:00			10:00		10:00	
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	16:00		16:00	Turnen Mädchen 1.u.2. Klasse		16:00	Turnen Mädchen 1.u.2. Klasse			16:00			16:00		16:00	
	16:30		16:30			16:30				16:30			16:30		16:30	
	17:00		17:00	Turnen Mädchen 3.u.4. Klasse		17:00	Turnen Mädchen 3.u.4. Klasse			17:00		Handball wD	Handball wD	17:00	17:00	
	17:30		17:30			17:30				17:30				17:30	17:30	
	18:00		18:00	Girls Fit		18:00	Girls Fit			18:00				18:00	18:00	
	18:30		18:30			18:30				18:30				18:30	18:30	
	19:00		19:00	Fitnessmix		19:00	Fitnessmix			19:00		Handball mC	Handball mC	19:00	19:00	
	19:30	Power Fitness Frauen und Männer	19:30			19:30				19:30		Handball mB	Handball mB	19:30	19:30	
20:00		20:00	Fitnessmix		20:00				20:00				20:00	20:00		
20:30		20:30			20:30	Gutes nicht nur für den Rücken			20:30				20:30	20:30		
21:00	Ballspiele Jedermann	21:00			21:00				21:00	JuJitsu ab 15 Jahre			21:00	21:00		
21:30		21:30			21:30				21:30				21:30	21:30		
22:00		22:00			22:00				22:00				22:00	22:00		
Dienstag	09:00		09:00		09:00		09:00			09:00			09:00		09:00	
	09:30		09:30	Eltern-Kind-Turnen ab 1Jahr		09:30	Eltern-Kind-Turnen			09:30			09:30		09:30	
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	15:00		15:00	Starter Turnkids 4-6 Jahre		15:00	Starter Turnkids 4-6 Jahre			15:00	JuJitsu Kids 1			15:00	15:00	
	15:30	JuJitsu Kids 1	15:30			15:30				15:30				15:30	15:30	
	16:00	JuJitsu Kids 2	16:00	Die neue S-Klasse		16:00	Starter Turnkids 4-6 Jahre			16:00	JuJitsu Kids 2			16:00	16:00	Leichtathletik Jg 10-09
	16:30	JuJitsu Kids 3	16:30			16:30				16:30				16:30	16:30	
	17:00		17:00			17:00				17:00		Leichtathletik	Leichtathletik	17:00	17:00	
	17:30		17:30			17:30				17:30				17:30	17:30	Leichtathletik Jg 08-06
	18:00	Handball wB	18:00	Handball wB		18:00	Handball wB			18:00				18:00	18:00	Leichtathletik
	18:30		18:30			18:30				18:30	Indoorcycling			18:30	18:30	Sportbeizestraining
	19:00		19:00			19:00				19:00		Volleyball wB		19:00	19:00	Leichtathletik Jg 04-01
	19:30		19:30			19:30				19:30				19:30	19:30	
20:00		20:00			20:00				20:00	Indoorcycling			20:00	20:00		
20:30	Handball Damen	20:30	Handball Damen		20:30	Handball Damen			20:30				20:30	20:30		
21:00		21:00			21:00				21:00	Wudang Tai Chi Chuan			21:00	21:00		
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Mittwoch	09:00		09:00		09:00		09:00			09:00			09:00		09:00	
	09:30		09:30	Eltern-Kind-Turnen ab 1Jahr		09:30	Eltern-Kind-Turnen ab 1Jahr			09:30			09:30		09:30	
	10:00	AltagsTrainingsProgramm Senioren 60+	10:00			10:00			10:00	Reha Sport			10:00		10:00	
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	15:00	Eltern-Kind-Turnen 2-4 Jahre	15:00	Eltern-Kind-Turnen 2-4 Jahre		15:00			15:00					15:00	15:00	
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	16:00	Eltern-Kind-Turnen 2-4 Jahre	16:00	Eltern-Kind-Turnen 2-4 Jahre		16:00	Starter Turnkids 4-6 Jahre			16:00				16:00	16:00	
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	18:00	Badminton freies Spiel	18:00	Badminton freies Spiel		18:00	Badminton Jugend 10-13 Jahre			18:00				18:00	18:00	
	18:30		18:30			18:30				18:30	Reha Sport			18:30	18:30	
	19:00		19:00			19:00	Badminton Jugend freies Spiel			19:00				19:00	19:00	
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21:00	Volleyball Mixed Hobby	21:00	Volleyball Mixed Hobby		21:00				21:00				21:00	21:00		
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Donnerstag	09:00		09:00		09:00		09:00			09:00			09:00		09:00	
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