

Hallenbelegungsplan / Sportangebote

Stand: April 2018



Tag	Zeit	Halle1	Zeit	Halle2	Zeit	Halle3	Zeit	Fitnessraum	Jukoraum	Zeit	Gemeinde1	Gemeinde2	Zeit	LA Anlage	Zeit	Sonstiges
Montag	09:00		09:00		09:00		09:00			09:00			09:00		09:00	
	09:30		09:30		09:30		09:30			09:30			09:30		09:30	
	10:00		10:00		10:00		10:00	Reha Sport		10:00			10:00		10:00	
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16:00		16:00		16:00		16:00			16:00			16:00		16:00		
16:30		16:30		Turnen Mädchen 1.u.2. Klasse		Turnen Mädchen 1.u.2. Klasse			16:30			16:30		16:30		
17:00		17:00							17:00			17:00		17:00		
17:30	Handball gE		17:30	Handball gE		Turnen Mädchen 3.u.4. Klasse		Reha Sport		17:30	Handball wD	Handball wD	17:30	17:30		
18:00			18:00			Girls Fit		Tanzgruppe KG Roetgen		18:00			18:00	18:00		
18:30			18:30						Indoorcycling	18:30	Handball mC	Handball mB	18:30	18:30		
19:00	Power Fitness Frauen und Männer		19:00	Fitnessmix		Fitnessmix				19:00			19:00	19:00		
19:30			19:30							19:30			19:30	19:30		
20:00			20:00			Gutes nicht nur für den Rücken				20:00			20:00	20:00		
20:30			20:30							20:30			20:30	20:30		
21:00	Ballsiele Jedermann		21:00					JuJitsu ab 15 Jahre		21:00	Handball Herren	Handball Herren	21:00	21:00		
21:30			21:30							21:30			21:30	21:30		
22:00			22:00							22:00			22:00	22:00		
Dienstag	09:00		09:00		09:00		09:00			09:00			09:00		09:00	
	09:30		09:30	Eltern-Kind-Turnen ab 1Jahr		Eltern-Kind-Turnen				09:30			09:30		09:30	
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	15:00	JuJitsu Kids 1		15:00	Starter Turnkids 4-6 Jahre		Starter Turnkids 4-6 Jahre		JuJitsu Kids 1		15:00			15:00	15:00	
	15:30			15:30							15:30			15:30	15:30	
16:00	JuJitsu Kids 2		16:00	Die neue S-Klasse		Starter Turnkids 4-6 Jahre		JuJitsu Kids 2		16:00			16:00	16:00		
16:30			16:30							16:30			16:30	16:30		
17:00	JuJitsu Kids 3		17:00					JuJitsu Kids 3		17:00	Leichtathletik	Leichtathletik	17:00	17:00		
17:30			17:30							17:30			17:30	17:30		
18:00	Handball mD		18:00	Handball mD		Handball mD		Gymnastik FC		18:00			18:00	18:00		
18:30			18:30						Indoorcycling	18:30			18:30	18:30		
19:00			19:00					Rückenfit		19:00	Volleyball wB		19:00	19:00		
19:30			19:30							19:30			19:30	19:30		
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20:30	Handball Damen		20:30	Handball Damen		Handball Damen			Indoorcycling	20:30			20:30	20:30		
21:00			21:00					Wudang Tai Chi Chuan		21:00	Volleyball Herren1	Volleyball wA/Damen	21:00	21:00		
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	15:00	Eltern-Kind-Turnen 2-4 Jahre		15:00	Eltern-Kind-Turnen 2-4 Jahre		Starter Turnkids 4-6 Jahre				15:00			15:00	15:00	
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16:00	Starter Turnkids 4-6 Jahre		16:00	Starter Turnkids 4-6 Jahre		Starter Turnkids 4-6 Jahre				16:00			16:00	16:00		
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18:00	Badminton freies Spiel		18:00	Badminton freies Spiel		Badminton Jugend 9-14Jahre		Reha Sport		18:00	Handball mC Handball mB	Handball mC Handball mB	18:00	18:00		
18:30			18:30			Badminton Jugend freies Spiel				18:30			18:30	18:30		
19:00			19:00			Pump4Power			Fitness Mix	19:00	Handball Damen 2	Handball Damen 2	19:00	19:00		
19:30			19:30							19:30			19:30	19:30		
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20:30	Volleyball Mixed Hobby		20:30	Volleyball Mixed Hobby						20:30			20:30	20:30		
21:00			21:00					Escrima/Amis		21:00	Handball Herren 2	Handball Herren 2	21:00	21:00		
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Donnerstag	09:00		09:00		09:00		09:00			09:00			09:00		09:00	
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