


# Hallenbelegungsplan / Sportangebote

Stand: November 2017 

Tag	Zeit	Halle1	Zeit	Halle2	Zeit	Halle3	Zeit	Fitnessraum	Jukoraum	Zeit	Gemeinde1	Gemeinde2	Zeit	Sonstiges	
Montag	09:00		09:00		09:00		09:00			09:00			09:00		
	09:30		09:30		09:30		09:30	Reha Sport		09:30			09:30		
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	15:30		15:30		15:30		15:30			15:30			15:30		
	16:00		16:00	Turnen Mädchen 1.u.2. Klasse	16:00	16:00	Turnen Mädchen 1.u.2. Klasse	16:00			16:00			16:00	
	16:30		16:30		16:30	16:30		16:30			16:30	Fußball FC13 Roetgen	Fußball FC13 Roetgen	16:30	
	17:00		17:00		17:00	17:00		17:00	Reha Sport		17:00			17:00	
	17:30	Handball wD	17:30	Handball wD	17:30	17:30	Turnen Mädchen 3.u.4. Klasse	17:30			17:30			17:30	
	18:00		18:00		18:00	18:00	Girls Fit	18:00	Tanzgruppe KG Roetgen		18:00			18:00	
	18:30		18:30		18:30	18:30	Fitnessmix	18:30		Indoorcycling	18:30	Handball mC Handball mB	Handball mC Handball mB	18:30	
	19:00	Power Fitness Frauen und Männer	19:00	Fitnessmix	19:00	19:00	Fitnessmix	19:00			19:00			19:00	
	19:30		19:30		19:30	19:30	Gutes nicht nur für den Rücken	19:30			19:30			19:30	19:20 Uhr Lauftreff Treffpunkt Parkplatz am Tocht
20:00		20:00		20:00	20:00		20:00			20:00			20:00		
20:30	Ballspiele Jedermann	20:30		20:30	20:30		20:30			20:30			20:30		
21:00		21:00		21:00	21:00		21:00	JuJitsu ab 15 Jahre		21:00	Handball Herren	Handball Herren	21:00		
21:30		21:30		21:30	21:30		21:30			21:30			21:30		
22:00		22:00		22:00	22:00		22:00			22:00			22:00		
Dienstag	09:00		09:00		09:00		09:00			09:00			09:00		
	09:30		09:30	Eltern-Kind-Turnen ab 1Jahr	09:30	Eltern-Kind-Turnen	09:30			09:30			09:30		
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	15:30	JuJitsu Kids 1	15:30	Starter Turnkids 4-6 Jahre	15:30	15:30	Starter Turnkids 4-6 Jahre	15:30	JuJitsu Kids 1		15:30			15:30	
	16:00	JuJitsu Kids 2	16:00	Die neue S-Klasse	16:00	16:00	Starter Turnkids 4-6 Jahre	16:00	JuJitsu Kids 2		16:00			16:00	
	16:30		16:30		16:30	16:30		16:30	JuJitsu Kids 3		16:30	Leichtathletik	Leichtathletik	16:30	
	17:00	JuJitsu Kids 3	17:00		17:00	17:00		17:00			17:00			17:00	
	17:30	Handball mD Handball wB	17:30	Handball mD Handball wB	17:30	17:30	Handball mD Handball wB	17:30			17:30			17:30	
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	19:00		19:00		19:00	19:00		19:00	Gymnastik FC	Indoorcycling	19:00	Volleyball wB		19:00	
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20:30	Handball Damen	20:30	Handball Damen	20:30	20:30	Handball Damen	20:30		Indoorcycling	20:30			20:30		
21:00		21:00		21:00	21:00		21:00	Wudang Tai Chi Chuan		21:00	Volleyball Herren1	Volleyball wA/Damen	21:00		
21:30		21:30		21:30	21:30		21:30			21:30			21:30		
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Mittwoch	09:00		09:00		09:00		09:00			09:00			09:00		
	09:30		09:30	Eltern-Kind-Turnen ab 1Jahr	09:30	Eltern-Kind-Turnen ab 1Jahr	09:30	Reha Sport		09:30			09:30		
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	15:00	Eltern-Kind-Turnen 2-4 Jahre	15:00	Eltern-Kind-Turnen 2-4 Jahre	15:00	15:00		15:00		15:00			15:00		
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	16:00	Starter Turnkids 4-6 Jahre	16:00	Starter Turnkids 4-6 Jahre	16:00	16:00	Starter Turnkids 4-6 Jahre	16:00		16:00			16:00		
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	17:30		17:30		17:30	17:30	Badminton Jugend 9-14Jahre	17:30			17:30	Handball mE	Handball wE	17:30	
	18:00	Badminton freies Spiel	18:00	Badminton freies Spiel	18:00	18:00	Badminton freies Spiel	18:00	Reha Sport		18:00	Handball mC Handball mB	Handball mC Handball mB	18:00	
	18:30		18:30		18:30	18:30	Badminton Jugend freies Spiel	18:30			18:30			18:30	
	19:00		19:00		19:00	19:00	Pump4Power	19:00		Fitness Mix	19:00	Handball Damen 2	Handball Damen 2	19:00	
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21:00	Volleyball Mixed Hobby	21:00	Volleyball Mixed Hobby	21:00	21:00		21:00	Escrima/Arnis		21:00	Handball Herren 2	Handball Herren 2	21:00		
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Donnerstag	09:00		09:00		09:00	Step Aerobic Drums Alive	09:00			09:00			09:00		
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	16:30	Handball mE	16:30	Handball mE	16:30	16:30	Leichtathletik	16:30			16:30			16:30	
	17:00		17:00												