


# Hallenbelegungsplan / Sportangebote

Stand: November 2017 

Tag	Zeit	Halle1	Zeit	Halle2	Zeit	Halle3	Zeit	Fitnessraum	Jukoraum	Zeit	Gemeinde1	Gemeinde2	Zeit	Sonstiges	
Montag	09:00		09:00		09:00		09:00			09:00			09:00		
	09:30		09:30		09:30		09:30	Reha Sport		09:30			09:30		
	10:00		10:00		10:00		10:00			10:00			10:00		
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	15:30		15:30		15:30		15:30			15:30			15:30		
	16:00		16:00	Turnen Mädchen 1.u.2. Klasse	16:00	16:00	Turnen Mädchen 1.u.2. Klasse	16:00			16:00			16:00	
	16:30		16:30		16:30		16:30				16:30	Fußball FC13 Roetgen	Fußball FC13 Roetgen	16:30	
	17:00		17:00		17:00		17:00				17:00			17:00	
	17:30	Handball wD	17:30	Handball wD	17:30	17:30	Turnen Mädchen 3.u.4. Klasse	17:30	Reha Sport		17:30			17:30	
	18:00		18:00		18:00		18:00	Girls Fit	Tanzgruppe KG Roetgen		18:00			18:00	
	18:30		18:30		18:30		18:30	Fitnessmix		Indoorcycling	18:30	Handball mC	Handball mC	18:30	
	19:00	Power Fitness Frauen und Männer	19:00	Fitnessmix	19:00	19:00	Fitnessmix	19:00			19:00	Handball mB	Handball mB	19:00	
	19:30		19:30		19:30		19:30				19:30			19:30	19:20 Uhr Lauftreff
20:00		20:00		20:00		20:00	Gutes nicht nur für den Rücken			20:00			20:00	Treffpunkt Parkplatz am Tocht	
20:30	Ballspiele Jedermann	20:30	Fitnessmix	20:30	20:30					20:30			20:30		
21:00		21:00		21:00		21:00		JuJitsu ab 15 Jahre		21:00	Handball Herren	Handball Herren	21:00		
21:30		21:30		21:30		21:30				21:30			21:30		
22:00		22:00		22:00		22:00				22:00			22:00		
Dienstag	09:00		09:00		09:00		09:00			09:00			09:00		
	09:30		09:30	Eltern-Kind-Turnen ab 1Jahr	09:30	Eltern-Kind-Turnen ab 1Jahr	09:30			09:30			09:30		
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	11:30		11:30		11:30		11:30	Reha Sport			11:30			11:30	
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	15:30	JuJitsu Kids 1	15:30	Starter Turnkids 4-6 Jahre	15:30	15:30	Starter Turnkids 4-6 Jahre	15:30	JuJitsu Kids 1		15:30			15:30	
	16:00	JuJitsu Kids 2	16:00	Die neue S-Klasse	16:00	16:00	Starter Turnkids 4-6 Jahre	16:00	JuJitsu Kids 2		16:00			16:00	
	16:30		16:30		16:30		16:30		JuJitsu Kids 3		16:30			16:30	
	17:00	JuJitsu Kids 3	17:00		17:00	17:00					17:00	Leichtathletik	Leichtathletik	17:00	
	17:30	Handball mD	17:30	Handball wB	17:30	17:30	Handball mD	17:30			17:30			17:30	
	18:00	Handball wB	18:00	Handball wB	18:00	18:00	Handball wB	18:00			18:00			18:00	
	18:30		18:30		18:30		18:30			Indoorcycling	18:30			18:30	
	19:00		19:00		19:00		19:00		Gymnastik FC		19:00	Volleyball wB		19:00	
	19:30		19:30		19:30		19:30				19:30			19:30	
20:00		20:00		20:00		20:00			Indoorcycling	20:00			20:00		
20:30	Handball Damen	20:30	Handball Damen	20:30	20:30	Handball Damen	20:30			20:30			20:30		
21:00		21:00		21:00		21:00		Wudang Tai Chi Chuan		21:00			21:00		
21:30		21:30		21:30		21:30				21:30	Volleyball Herren1	Volleyball wA/Damen	21:30		
22:00		22:00		22:00		22:00				22:00			22:00		
Mittwoch	09:00		09:00		09:00		09:00			09:00			09:00		
	09:30		09:30	Eltern-Kind-Turnen ab 1Jahr	09:30	Eltern-Kind-Turnen ab 1Jahr	09:30	Reha Sport		09:30			09:30		
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	15:00	Eltern-Kind-Turnen 2-4 Jahre	15:00	Eltern-Kind-Turnen 2-4 Jahre	15:00	15:00	Eltern-Kind-Turnen 2-4 Jahre	15:00			15:00			15:00	
	15:30		15:30		15:30		15:30				15:30			15:30	
	16:00	Starter Turnkids 4-6 Jahre	16:00	Starter Turnkids 4-6 Jahre	16:00	16:00	Starter Turnkids 4-6 Jahre	16:00			16:00			16:00	
	16:30		16:30		16:30		16:30				16:30	Handball mE	Handball wE	16:30	
	17:00		17:00		17:00		17:00				17:00			17:00	
	17:30		17:30		17:30		17:30	Badminton Jugend 9-14Jahre			17:30			17:30	
	18:00	Badminton freies Spiel	18:00	Badminton freies Spiel	18:00	18:00	Badminton freies Spiel	18:00	Reha Sport		18:00	Handball mC	Handball mC	18:00	
	18:30		18:30		18:30		18:30	Badminton Jugend freies Spiel			18:30	Handball mB	Handball mB	18:30	
	19:00		19:00		19:00		19:00			Fitness Mix	19:00			19:00	
	19:30		19:30		19:30		19:30				19:30	Handball Damen 2	Handball Damen 2	19:30	
20:00		20:00		20:00		20:00	Pump4Power			20:00			20:00		
20:30		20:30		20:30		20:30				20:30			20:30		
21:00	Volleyball Mixed Hobby	21:00	Volleyball Mixed Hobby	21:00	21:00			Escrima/Arnis		21:00			21:00		
21:30		21:30		21:30		21:30				21:30	Handball Herren 2	Handball Herren 2	21:30		
22:00		22:00		22:00		22:00				22:00			22:00		
Donnerstag	09:00		09:00		09:00		09:00			09:00			09:00		
	09:30		09:30		09:30		09:30	Step Aerobic Drums Alive		09:30			09:30		
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	15:30		15:30		15:30		15:30	TV Konzen			15:30			15:30	
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	17:00	Handball mE	17:00	Handball mE	17:00	17:00	Leichtathletik	17:00			17:00			17:00	
	17:30		17:30		17:30										