Hallenbelegungsplan / Sportangebote

Stand:Juni 2017

Tag	Zeit	Halle1	ÜL/Trainer	Zeit	Halle2	ÜL/Trainer	Zeit	Halle3	ÜL/Trainer	Zeit	Fitnessraum	ÜL/Trainer	Zeit	Gemeinde1	ÜL/Trainer	Gemeinde2	ÜL/Trainer	Zeit	Jukoraum	ÜL/Trainer	Zeit	LA Anlage	ÜL/Trainer	Zeit	Sonstiges	ÜL/Trainer
Montag	09:00			09:00			09:00			09:00			09:00					09:00			09:00			09:00		
	09:30			09:30			09:30			09:30	Reha Sport	Venn Physio	09:30					09:30			09:30			09:30		
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	16:00			16:00	Turnen Mädchen 1.u.2. Klasse	Susanne Derksen Onasch	16:00	Turnen Mädchen 1.u.2. Klasse	Susanne Derksen Onasch	16:00			16:00					16:00			16:00			16:00		
	16:30			16:30		Miyuki Kazem-Boland	16:30		Miyuki Kazem-Boland	16:30			16:30					16:30			16:30			16:30		
	17:00			17:00	Turnen Mädchen 3.u.4. Klasse	Annalena Künne	17:00	Turnen Mädchen 3.u.4. Klasse	Annalena Künne	17:00	Reha Sport	Venn Physio	17:00	Handball weibl. D	Svenja Kirchhoff Celina Matt	Handball weibl. D	Svenja Kirchhoff Celina Matt	17:00			17:00			17:00		
	17:30			17:30		Veronika Röntgen Charlotte Zille	17:30		Veronika Röntgen Charlotte Zille	17:30			17:30					17:30			17:30			17:30		
	18:00			18:00	Girls Fit	ÜL Team	18:00	Girls Fit	ÜL Team	18:00			18:00					18:00	Tanzgruppe KG Roetgen	Marina Lindemann	18:00			18:00		
	18:30			18:30		Uli Heeren	18:30		Uli Heeren	18:30	Indoorcycling	Ralf Genter	18:30	Handball männl. C Handball männl.B	Tamino Kleinhöfer Laurin Melms	Handball männl. C Handball männl.B	Tamino Kleinhöfer Laurin Melms	18:30			18:30			18:30		
	19:00			19:00	Fitnessmix	Ruth Andres, Gisela Cosler	19:00	Fitnessmix	Ruth Andres, Gisela Cosler	19:00			19:00					19:00			19:00			19:00	19:20 Uhr **Lauftreff**	
	19:30	Power Fitness Frauen und Männer	ÜL Team	19:30			19:30			19:30			19:30					19:30			19:30			19:30	Treffpunkt Parkplatz am Todt	Alexander Mylinski-Wiese
	20:00			20:00	Fitnessmix	Claudia Ziller Gertrud Prautsch	20:00	Gutes nicht nur für den Rücken	Margit Marquardt	20:00			20:00					20:00			20:00			20:00		
	20:30			20:30			20:30			20:30			20:30	Handball Herren	Toni Ackermann Timo Goblet	Handball Herren	Toni Ackermann Timo Goblet	20:30			20:30			20:30		
	21:00	Ballspiele Jedermann	Michael Melms	21:00			21:00			21:00			21:00					21:00	JuJitsu ab 15 Jahre	Saskia Mertens Wilfried Mertens	21:00			21:00		
	21:30			21:30			21:30			21:30			21:30					21:30			21:30			21:30		
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Dienstag	09:00			09:00			09:00			09:00			09:00					09:00			09:00			09:00		
	09:30			09:30	Eltern-Kind-Turnen ab 1Jahr	Eva Todzey	09:30	Eltern-Kind-Turnen	Eva Todzey	09:30			09:30					09:30			09:30			09:30		
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	15:00	JuJitsu Kids 1	Sandra Masannek	15:00	Starter Turnkids 4-6 Jahre	Veronika Meffert	15:00	Starter Turnkids 4-6 Jahre	Veronika Meffert	15:00			15:00					15:00	JuJitsu Kids 1	Sandra Masannek	15:00			15:00		
	15:30			15:30			15:30			15:30			15:30					15:30			15:30			15:30		
	16:00	JuJitsu Kids 2	Saskia Mertens	16:00	Die neue S-Klasse	Margit Marquardt	16:00	Starter Turnkids 4-6 Jahre	Antje Hagedorn Nadja Gülpen	16:00			16:00					16:00	JuJitsu Kids 2	Saskia Mertens	16:00	Leichtathletik Jg 10-09	Jo Suse Titze Ann- Cathrin Schäffner	16:00		
	16:30			16:30			16:30			16:30			16:30	Leichtathletik	Jo-Suse Titze	Leichtathletik	Jo-Suse Titze	16:30			16:30			16:30		
	17:00	JuJitsu Kids 3	Saskia Mertens	17:00			17:00			17:00			17:00					17:00	JuJitsu Kids 3	Saskia Mertens	17:00	Leichtathletik Jg.08-06	Henrik Schlüper Emma Lück	17:00		
	17:30			17:30			17:30			17:30			17:30					17:30			17:30	Leichtathletik	Eike Lippke	17:30		
	18:00	Handball wB	Achim Heinrichs Ralf Marquardt	18:00	Handball wB	Achim Heinrichs Ralf Marquardt	18:00	Handball wB	Achim Heinrichs Ralf Marquardt	18:00			18:00					18:00			18:00	Sportabzeichentraining	Petra Schlüper	18:00		
	18:30			18:30			18:30			18:30	Indoorcycling	Sandra Recchioni	18:30	Volleyball weibl. B	David Giersberg Christian Rohn			18:30			18:30	Leichtathletik Jg.04-01	Jo-Suse und Gisela	18:30		
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	20:30	Handball Damen	Eric Ortmann	20:30	Handball Damen	Eric Ortmann	20:30	Handball Damen	Eric Ortmann	20:30			20:30	Volleyball Herren1	Michael Heid	Volleyball weib.A/Damen	Ronald Borning	20:30	Wudang Tai Chi Chuan	Norbert Hupperich	20:30			20:30		
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	09:30			09:30			09:30			09:30	Reha Sport	Venn Physio	09:30					09:30			09:30			09:30		
	10:00	AlltagsTrainigsProgramm Senioren 60+	Margit Marquardt	10:00	Eltern-Kind-Turnen ab 1Jahr	Joseann Kleinsorge	10:00	Eltern-Kind-Turnen ab 1Jahr	Joseann Kleinsorge	10:00			10:00					10:00			10:00			10:00		
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	15:00	Eltern-Kind-Turnen 2-4 Jahre	Eva Todzey Kyra Lamers	15:00			15:00			15:00			15:00	Sport im Ganztag	Margit Marquardt			15:00			15:00			15:00		
	15:30			15:30			15:30			15:30			15:30					15:30			15:30			15:30		
	16:00	Eltern-Kind-Turnen 2-4 Jahre	Dörte Kerner	16:00	Eltern-Kind-Turnen 2-4 Jahre	Eva Todzey Kyra Lamers	15:45	Starter Turnkids 4-6 Jahre	Joseann Kleinsorge Antonia Steffens, Frank Hanbück	16:00			16:00	Handball mE	Constantin Hipp Felix Rijsdijk	Handball wE	Jasmin Bartos Pia Mathee Conny Klee	16:00			16:00			16:00		
	16:30			16:30		Dörte Kerner	16:30			16:30			16:30					16:30			16:30			16:30		
	17:00	Badminton freies Spiel	Uwe Timme	17:00	Badminton freies Spiel	Uwe Timme	17:00	Badminton Jugend 10-13 Jahre	Toddo Honsel	17:00			17:00	Handball mC Handball mB	Tamino Kleinhöfer Michael Buschmann	Handball mC Handball mB	Tamino Kleinhöfer Michael Buschmann	17:00			17:00			17:00		
	17:30			17:30			17:30			17:30	Reha Sport	Venn Physio	17:30					17:30			17:30			17:30		
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	18:30			18:30			18:30			18:30	Fitness Mix	Astrid Bartos Gertrud Prautsch	18:30	Handball Damen 2	Achim Schüler	Handball Damen 2	Achim Schüler	18:30			18:30			18:30		
	19:00			19:00			19:00	Badminton Jugend freies Spiel	Uwe Timme	19:00			19:00					19:00			19:00			19:00		
	19:30			19:30			19:30			19:30	Gymnastik FC	Gerda Stollewerk	19:30					19:30			19:30			19:30		
	20:00	Volleyball Mixed Hobby	Helmut Helzle Holger Uellendall	20:00	Volleyball Mixed Hobby	Helmut Helzle Holger Uellendall	20:00	Pump4Power	Sandra Recchioni Ruth Andres	20:00			20:00					20:00			20:00			20:00		
	20:30			20:30			20:30			20:30			20:30	Handball Herren 2	Wolfgang Hipp	Handball Herren 2	Wolfgang Hipp	20:30			20:30			20:30		
	21:00			21:00			21:00			21:00			21:00					21:00	Escrima/Arnis	Wilfried Mertens	21:00			21:00		
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Donnerstag	09:00			09:00			09:00	Step Aerobic Drums Alive	Claudia Ziller Gertrud Prautsch	09:00			09:00					09:00			09:00			09:00		
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	15:30			15:30			15:30	TV Konzen		15:30			15:30					15:30			15:30			15:30		
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	17:00	Handball männl. D	Felix Rijsdijk	17:00	Handball männl. D	Felix Rijsdijk	17:00	Handball männl. D	Felix Rijsdijk	17:00			17:00	Handball männl.E	Constantin Hipp Felix Rijsdijk	Handball männl.E	Constantin Hipp Felix Rijsdijk	17:00			17:00			17:00		
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	18:00	Handball wB	Achim Heinrichs Ralf Marquardt	18:00	Handball wB	Achim Heinrichs Ralf Marquardt	18:00	Handball wB	Achim Heinrichs Ralf Marquardt	18:00			18:00					18:00			18:00	Leichtathletik Jg. 06-96	Jo Suse Titze Frank Sprotten	18:00		
	18:30			18:30			18:30			18:30	Step Fitness Mix	Corinna Schnettler Nicole Schnettler	18:30	Handball wC	Achim Heinrichs Ralf Marquardt	Handball wC	Achim Heinrichs Ralf Marquardt	18:30			18:30			18:30		
	19:00	Handball Damen	Eric Ortmann	19:00	Handball Damen	Eric Ortmann	19:00	Step Aerobic	Ruth Andres Claudia Ziller	19:00			19:00					19:00	Tanzen	KG Lammersdorf	19:00			19:00		
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	20:00			20:00			20:00			20:00	Indoorcycling	Lilli Scheidtweiler	20:00					20:00			20:00			20:00		
	20:30			20:30			20:30	Handball Damen	Eric Ortmann	20:30			20:30					20:30			20:30			20:30	Badminton freies Spiel	Anne Huppertz
	21:00			21:00			21:00			21:00			21:00	Handball Herren	Toni Ackermann Timo Goblet	Handball Herren	Toni Ackermann Timo Goblet	21:00			21:00			21:00		
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Freitag	09:00			09:00			09:00	Ausgleichsgymnastik für Frauen	Wilma Gronloh	09:00			09:00					09:00			09:00			09:00		
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	15:00	Handball Minis	Melanie Schwering Anja Bühl	15:00	Handball Minis	Melanie Schwering Anja Bühl	15:00	Handball Minis	Melanie Schwering Anja Bühl	15:00			15:00	Handball mF wF	Gerd Graff Stefan Wynands	Handball mF wF	Gerd Graff Stefan Wynands	15:00			15:00			15:00		
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	16:00			16:00			16:00			16:00			16:00	Handball wE	Jasmin Bartos Pia Mathee Conny Klee	Handball wD	Svenja Kirchhoff Celina Matt	16:00			16:00			16:00		
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	17:00	Volleyball wB	David Giersberg Christian Rohn	17:00	Volleyball Jugend mix ab 9 Jahre	Beata Wind	17:00	Volleyball weibl. A/Damen	Ronald Borning	17:00			17:00					17:00			17:00			17:00		
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	18:00			18:00			18:00			18:00			18:00	Handball männl.D	Felix Rijsdijk	Handball männl.D	Felix Rijsdijk	18:00			18:00			18:00		
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	19:00	Volleyball weibl. A Damen	Ronald Borning	19:00	Badminton Jugend 14-17 Jahre	Hans Schlüper	19:00			19:00			19:00	Handball männl.B Handball männl.C	Rene Claßen Laurin Melms	Handball männl. C Handball männl.B	Rene Claßen Laurin Melms	19:00			19:00			19:00		
	19:30			19:30			19:30			19:30			19:30					19:30			19:30			19:30		
	20:00	Volleyball Herren 1	Michael Heid	20:00	Volleyball Herren 2	Ronald Borning	20:00			20:00			20:00					20:00			20:00			20:00		
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Legende:
Die erste Zeit neben dem farblich hinterlegten Feld ist jeweilige Anfangszeit

Startzeit S-Klasse
Startzeit Handball mD

15:00	Starter Turnkids 4-6 Jahre
15:30	
16:00	Die neue S-Klasse
16:30	
17:00	Handball mD
17:30	